

Name:

Advisor:

Advisor's comments



1. Target Situation:

2. Big Goal: What I **WANT** to focus on:

3. Small Goal: What skill I **NEED**:

Resources:

What will you use for your learning? Please write the title(s) of the resources that you will use.

STUDY:

Learn something to improve your **small goal**.

USE:

Practice what you studied in a target situation to improve your **big goal**.

REVIEW:

Look back on what you did before regularly so that you don't forget it.

EVALUATE Language Gain:

Check progress once in a while in achieving your **big and small goals**.

MOTIVATION: How will you keep your motivation high?